



## Young Guns on and off the court

The region's best young netballers gathered at Assisi College in Upper Coomera over the weekend to learn vital leadership skills.

Already Young Guns on the netball court, the 17 netballers and six coaches from the Brisbane South and Golden South Ergon Energy Regional Netball Academies gathered to take part in the Mission Young Guns in2leadership program delivered by Laurus Consulting.

Laurus Enterprises Managing Director Stephen Scott said the program helped introduce personal leadership as a key component of netball success.

"Unlike most other sports, netball is inherently a pure team sport," he said.

"Strong leadership is therefore essential."

He said the athletes focused on three sets of personal qualities to communicate as leaders including qualities that attract people to them, qualities that direct people's attention to the greater good and qualities that will inspire others to willingly support them.



"Feedback from athletes was very positive and they indicated that they now have a clear understanding of what they need to focus on to become more effective leaders," Mr Scott said.

"They understand how their leadership can multiply their effectiveness as elite athletes."

The program will be introduced across Netball Queensland's 12 regions over the coming months.

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